

The St. Ursula Academy Parent Bulletin
Craig Maliborski, Principal
Week of September 19-25, 2011

Monday, September 19, 2011 BLUE/A

- Co-Curricular Student Leader Luncheon
- 3:15pm Make-up Test Day

Tuesday, September 20, 2011 BLUE/C

- 3:00pm SICU
- 6:00pm PAAD

Wednesday, September 21, 2011 BULLDOG/B – 2:00pm Dismissal

- 3:00-8:00pm Teacher Conferences
- 6:00pm Board Meeting

Thursday, September 22, 2011 GOLD/D

- Freshman Election Speeches
- Community Service Presentation
- Senior Class Mass
- 3:15pm Make-up Test Day
- Evening: Light the Night Walk (Sawyer Point)

Friday, September 23, 2011 STAFF INSERVICE – NO CLASSES

Saturday, September 24, 2011

- Bulldog Bash
- Reunion/Homecoming Weekend

Sunday, September 25, 2011

- Gold/Silver Luncheon
- Reunion/Homecoming Weekend

NOTES FROM THE PRINCIPAL

Choices and decisions. As my children get older and approach their teenage years, like many of you, my wife and I have slowly expanded the choices that we offer our girls and the opportunities to make decisions for themselves. One consistent theme throughout my 17 years of working in high schools has been that high school students need to understand their choices and be given a framework for decision-making. When they make good decisions, they need to be recognized. When they make poor decisions, we need to investigate with them the choices they were considering and, more importantly, the choices they did not recognize. Friday during the 5th bell advisory group, the students were presented with a scenario that facilitated a discussion about the choices they can face and how to make a decision. The specific activity your daughter did on Friday supports the directive that Mrs. Lelia Kramer gave our students at the opening liturgy: When needing to make a decision, as a woman who is a reflective thinker, leader, nurturer and prophet, ask yourself, "What would Angela do?" As an Ursuline school, we look to the life and directives of St. Angela Merici to help us with our decisions. We strive to create an environment at school that is safe for your daughter to investigate

the options she faces and make an informed decision. Our hope is that the activity your daughter did today in the 5th bell will support the work that you do at home.

Light the Night Walk 2011—THIS THURSDAY!

Please join the St. Ursula team this Thursday, Sept. 22nd at Sawyer Point for the Light the Night Walk to help fight leukemia and lymphoma. Registration begins at 5:30pm, with a short program commencing at 7:00pm. The two mile walk will begin immediately after the program. Please support our team by visiting <http://pages.lightthenight.org/soh/Cinci11/suathebeatgoeson> . Even if you cannot attend the event that evening, you can make donation to our entire team or sponsor an individual team member. This week, students will coordinate different awareness activities to educate other students about leukemia and lymphoma. The students will also reflect on the life of Natalie Bradley (SUA '09) using the theme "The Beat Goes On..." Feel free to send our team's website link to anyone who may be interested. Thank you for your support.

St. Ursula Announces National Merit Semifinalists

Congratulations to Corinne Nako, Peggy Tull and Katie Woebkenberg, who have earned the distinction of being a National Merit Semifinalist. Nationwide, there are approximately 16,000 Semifinalists (less than 1% of the total number of seniors nationwide) whose score on the PSAT qualified them for this distinction. Corinne, Peggy and Katie will continue in the National Merit competition and apply to become a finalist based on their academic record throughout high school, recommendations, and their SAT scores that confirm their earlier performance on the PSAT test. Each girl will submit a detailed scholarship application, which includes a self-descriptive essay and information about her participation and leadership in school and community activities. Good luck to Corinne, Peggy and Katie!

Archdiocese Light the Way update

To access the latest newsletter from the Archdiocese regarding the Light the Way common vision for Catholic schools, please visit http://www.catholiccincinnati.org/education/lighting_the_way/lighting-the-way-newsletter

Craig Maliborski

FROM THE ASSISTANT PRINCIPAL

FACEBOOK SOCIAL NETWORKING MYSPACE SOCIAL NETWORKING TWITTER
SOCIALNETWORKING MYYEARBOOK SOCIAL NETWORKING

Help! My daughter is on a social networking site! How many of you as parents have had this feeling?

Nielsen recently published stats showing that the world now spends over 110 billion minutes annually on social networks. The average visitor spends 66% more time on these sites than a year ago and 73% of teens (12-17) have profiles on social networking sites. (Lenhart A. Social Media and Young Adults. Pew Internet & American Life Project)

The social networking sites can be good places where the girls go to socialize with friends, talk to people with similar interests, champion a cause, market a talent, find a college. But teenagers are still teenagers and so these sites can also be places where something inappropriate or hurtful might get posted. And unfortunately, it doesn't go away. When school began this year I asked the girls to check their postings. I told them that if they weren't willing to share everything they posted with their parents or with me, it probably shouldn't be posted. Our counselors also urge students to review their

pages on Facebook and other sites with fresh eyes. They encourage students to apply settings on Facebook that can significantly limit access to their pages. Melanie Deitch, director of marketing at Facebook, wrote that students should take advantage of the site's privacy settings and be smart about what they post.

Many teenagers have had the view that Facebook is their space and that the adult world doesn't pay attention to it. But the adult world has caught up. Increasingly, college admission recruiters and employers review the internet, primarily an applicant's social networking sites and blogs, as part of a background check on prospective students and employees. A search of social networking sites enables access to potentially damaging online postings that may jeopardize a student's entry into colleges, internships, and professional positions. Teens who present themselves as partiers, substance users, sexually promiscuous, anti-authority or volatile can be flagged and denied entrance to colleges and places of employment.

So let's all continue to talk with our girls about what kinds of content could possibly damage their reputation and future. Parents please regularly review your daughter's web pages with her.

Mary Ann Meyer

Additions...

ARCHDIOCECE OF CINCINNATI – CATHOLIC SCHOOLS PROGRAM

Do you know a Hero of Catholic School Education? If so, we invite you to share this Hero's story! The Catholic Schools Office is sponsoring an effort to recognize the hard working men and women who support our Catholic schools. If you are aware of a current or former teacher, principal, pastor, staff member, coach, volunteer, or other individual who has changed the life of a child, we encourage you to offer this person your gratitude. You can participate in this effort by accessing the Catholic Schools Office Facebook page. You can recognize any "Hero", even people from your own childhood or from other dioceses. You can even thank an entire school! To offer thanks, visit the Archdiocese of Cincinnati Catholic Schools Facebook Page (via www.facebook.com) and access the application "[Heroes of Catholic Education](#)". You will need a Facebook identity to participate. Thank you for participating!

STUDY ABROAD OPPORTUNITY

All students are invited to participate in the England and Scotland tour during June 2012. The deadline for the application is Monday, Sept. 19th. If you have not received the informational packet but are interested in this trip for your daughter, please contact Ms. Corder at ccorder@saintursula.org for the price quote, itinerary, and application packet.

ATHLETICS

Did you know that each of the six fall varsity sports programs are currently ranked in the top seven in the city? Congratulations to all the players and coaches for making SUA so proud.

SPORT	CURRENT CITY POLL RANKING
Cross Country	Second
Field Hockey	First
Golf	Fourth
Soccer	First
Tennis	Seventh
Volleyball	Fifth

Way to go BULLDOGS!

LaRosa's MVP Finalist

Congratulations to Sarah Mazzei on being selected as a LaRosa's MVP Finalist this week! You can support SUA and senior Sarah who runs Cross Country for SUA! Go Bulldogs! Just click on the link below and vote for her!

<http://www.larosasmvp.com/>

BULLDOG BASH 2011- Come and be part of the fun!

Bulldog Bash is a big event at St. Ursula that celebrates the new additions to Saint Ursula's Hall of Fame! Hall of Fame inductees this year are volleyball alumnae Beth Gillming Kamen '04, Bryn Kehoe '04, and Beth Shelton '04. The 1993 Swimming and Diving State Champions and the 2010 Field Hockey State Champions will receive Academy of Champions Honors at the event.

It's a great time to get together with former and current SUA families to celebrate the success of our traditions and sportsmanship. As part of the planned events, guests will be inspired by our former coaches and athletes and their stories about SUA and beyond. Our celebrity guest speaker (XU's Chris Mack) and emcee (WCPO'S John Popovich) are also very entertaining. So come join us, support the newest Hall of Fame inductees, have great food and best of all, a great time! Bulldog Bash is scheduled for September 24, 2011.

This year, there are lower prices to attend the bash, making it easier for parents and daughters to attend! Students are \$15, Individual adults \$30, Couples \$50. Pricing includes a cocktail hour (each guest receives two drink/beverage tickets), dinner, and a great program.

So sign up today, come show your SUA spirit and wear your SUA Gold and Blue! The Bulldog Bash is right around the corner! Join other SUA friends and families and get a table together! You won't want to miss this fun event!

Tickets are on sale now for this great evening. Visit www.saintursula.org for more details and to order tickets. The Bulldog Bash is part of this year's Reunion Weekend events.

ATHLETIC BOOSTERS

Thank you to all of the families who joined the Boosters for the 2011-2012 season. Members who joined at the Platinum Level also receive the SUA Booster Stadium Blanket. While many were handed out this week, there are still some to be picked up in the athletic office. Stop by to see Mrs. Vogelgesang. The SUA logo Power bands were distributed the night of meet the team. If you did not receive your gift at meet the team night, please contact the Athletic Department at 513-961-3410 #119.

The Athletic Boosters would like to invite everyone to join the St. Ursula Academy Boosters.

Platinum Level Booster - \$130.00

Member's supporting the Athletics program at the Platinum Level will receive:

1. A Booster Club car Decal
2. An SUA Logo Power band
3. Their name prominently displayed on a plaque at the front of the gym
4. An SUA Booster Stadium Blanket

Silver Level Boosters - \$50.00

Member's supporting the Athletics program at the Silver Level will receive:

1. A Booster Club car Decal
2. An SUA Logo Power band

Booster membership's applications can be found on our website

<http://www.saintursula.org/parents/parentorganizations/boosters.aspx>

Thank you in advance for your support.

MAGAZINE SALE

Please remember that Friday, September 16th is our FINAL turn-in Day for the Magazine Drive. All magazine orders can be turned in at the Keller Center during lunch.

Turn in Day Awards

- Every 2 orders earns a pack of CANDY
- Sell 5 or more orders and earn a choice of Gift Cards, (Skyline, Panera & Rave movie passes) or a Bluetooth Wireless Headset choice of a USB Desktop fan with LED light or a Propeller Alarm Clock!
- Each 5 additional orders sold will earn another one of the awards listed above
- The TOP seller online each Turn-In day earns \$75.00
- Any student who sells 6 orders and turn them in on any of the three Turn-in days will be entered in a special drawing to win a Kindle or \$125.00
- Any student who sells 6 orders will also be entered into the major drawing which will be held on the last turn in day for sports tickets to one of the following schools: Xavier, Moeller, LaSalle or Elder and \$75.00 spending money

All Athletes have to sell (3) magazine subscriptions

The School Goal is to have (8) magazine subscriptions per student.

ONLINE ORDERS GO TO
WWW.APHEARST.COM
SCHOOL CODE W04100

GUIDANCE DEPARTMENT UPDATE

Students are assigned to a counselor by alpha split. If you have any questions or concerns, don't hesitate to contact your daughter's assigned counselor. Remember, we're here to help!

Freshmen and Sophomores

A - K Caroline Renneker, ext. 212 – crenneker@saintursula.org
L - Z Sara Utecht, ext. 127 – sutecht@saintursula.org

Juniors and Seniors

A - Ha Molly Roebker, ext. 188 – mroebker@saintursula.org
He - R Cathy Sherrick, ext. 189 – csherrick@saintursula.org
S - Z Lauren Williams, ext. 126 – lwilliams@saintursula.org

Karen Noe, ext. 192, Department Coordinator – knoe@saintursula.org

NAVIANCE REMINDER!

Seniors/Juniors/Sophomores and Parents:

****Note to Freshmen Parents: Your daughters will be trained on Naviance soon!****

This is a reminder to continue to check the **Document Library** in Naviance for up-to-date information regarding scholarships, college fairs, college visit days, test prep, career exploration and much more! **This information is updated virtually daily ~ so be sure to check out what's new and exciting!**

- Login to Naviance
 - Students: your SUA e-mail address is your username. You set the password. **Please share your password with your parents so they can be informed too!**
- On the right-hand side of the screen, click on "document library"

THERE ARE 60+ COLLEGE REPS SCHEDULED TO VISIT SUA THIS FALL!

Students should take advantage of this great opportunity to meet college representatives and better understand what colleges are looking for in prospective applicants! Students are encouraged to RSVP for college rep visits on Naviance. The college rep visits are always scheduled during lunch.

UPCOMING COLLEGE FAIRS

NORTHERN KENTUCKY REGIONAL COLLEGE FAIR

WHEN: Tues., September 27

TIME: 6:00-8:00pm

WHERE: Thomas More College – Connor Convocation Center

For more information, visit: thomasmore.edu/collegefair or contact Billy Sarge at billy.sarge@thomasmore.edu or 859-344-3332.

CINCINNATI NATIONAL COLLEGE FAIR

The National Association for College Admission Counseling (NACAC) and the Ohio Association for College Admission Counseling (OACAC) would like to invite [you](#) to the National College Fair coming to your area:

Cincinnati National College Fair

October 2, 2011

1:00–4:00pm

Duke Energy Center

PLEASE NOTE: There is a Bengals game on 10/2, the same day as the NACAC fair. Please allow extra time for traffic and parking. Expect that public parking for the college fair may cost \$20-\$25.

CINCINNATI SUBURBAN COLLEGE FAIR (please see the attachment for a list of participating colleges & universities)

WHEN: Wednesday, October 5

TIME: 6:30pm to 8:30pm

WHERE: Cincinnati Country Day School

2011 PERFORMING AND VISUAL ARTS COLLEGE FAIR

WHEN: Tuesday, October 11

TIME: 7:00 – 9:00pm

WHERE: University of Cincinnati – Tangeman University Center

Student & Parents can view detailed information to help them prepare for this event through the *Guide to the Performing & Visual Arts Colleges*. Check out: <http://www.teenlife.com/2011PVAGuide>

EVENING PROGRAMS

LEAP TEST PREP – Annual FREE ACT-SAT Prep Essentials Seminar

WHEN: October 12th

TIME: 7:00pm

WHERE: Hope Church in Mason

REGISTER: <http://leaprogram.com/>

In this time of increasing college admission standards, LEAP will explain the ins and outs of the ACT and SAT tests. Learn the similarities and differences between the tests, which students can expect to do better on each test, how to register and the costs involved with testing, a suggested and effective time line for testing, what LEAP believes to be true about test prep and the LEAP test prep options.

PURDUE EVENING PROGRAM

WHAT: Preview PURDUE

WHEN: Sept. 27, 2011

TIME: 6:30-8:00pm

WHERE: Proctor & Gamble

8700 Mason-Montgomery Road

Mason, OH 45050

RSVP: www.admissions.purdue.edu/PreviewPurdue

WASHINGTON UNIVERSITY in St. Louis

WHAT: Admission Information Session

WHEN: Tues., Oct. 4, 2011

TIME: 7:00-8:00pm

WHERE: Embassy Suites Cincinnati Northeast

4554 Lake Forest Drive

Blue Ash, Ohio

RSVP: www.admissions.wustl.edu

GUIDANCE DEPT. PROGRAMMING

FRESHMEN/SOPHOMORES & PARENTS

Please mark your calendar for Wednesday, September 28th and plan to join us for an informative evening. The Freshman & Sophomore College Information Night is intended for both parents and students. The program will run from 6:00pm until 8:00pm in the East Wing of the Main Building. Information will be offered on the college search, building a resume, financial planning, and much more! Both St. Ursula staff and outside professionals will be presenting. We hope you can join us!

SUA SENIORS – COLLEGE APPLICATION MARATHON

No RSVP required! Make plans to attend! You can work on your online college applications, consult with your guidance counselor, meet with “essay experts” that will be available to review your college essays and much more!

WHEN: Sunday, Sept. 18 & Sunday, Oct. 23

TIME: 12:00-4:00pm

WHERE: Keller Student Center

STANDARDIZED TESTING

PSAT - WED., OCTOBER 12, 2011 (for sophomores & juniors)

****Please note: It is critical that sophomore and junior students are present and on time to school on Wednesday, October 12th, for the PSAT.****

The PSAT test, which is given to all 10th and 11th graders, will be administered on Wednesday, October 12th. The PSAT is a practice test for the SAT. **There is no makeup day for the PSAT.** The

PSAT is a practice test for the 10th graders, but for 11th graders, the PSAT determines whether or not a student is recognized as a National Merit Semifinalist, National Merit Commended Student, National Achievement Semifinalist or National Hispanic Semifinalist. Like the PLAN, once results for the PSAT are in (usually in December), each student will receive a copy of her score report from her counselor. Scores will be a part of a student's permanent record at SUA, but will NOT be released to colleges.

Free practice PSAT

Are you interested in taking a FREE practice PSAT? If so, please mark your calendar for Sunday, October 2, 2011. Kaplan Test Prep is offering students the opportunity to take a **FREE practice PSAT** at St. Ursula on this day.

WHEN: Sunday, Oct. 2

TIME: 12:00-4:00pm

WHERE: St. Ursula Academy Keller Student Center

REGISTRATION: <http://www.kaptest.com/enroll/PSAT/45206/events>