

The St. Ursula Academy Parent Bulletin
Craig Maliborski, Principal
Week of October 10-16, 2011

Monday, October 10, 2011 BLUE-95/A Possible Exam Day

Tuesday, October 11, 2011 BLUE-95/C Possible Exam Day

Wednesday, October 12, 2011 SPECIAL SCHEDULE

- 9:00am Freshmen and Seniors report to Schott Convocation Center for Bonding Breakfast
- 8:45am Sophomores and Juniors report to assigned room in Schott Hall for PSAT
- 12:00pm Dismissal for all Students
- 1:00-2:30pm Teacher "Office Hours" for students who need help

Thursday, October 13, 2011 BLUE-95/D Possible Exam Day

Friday, October 14, 2011 BLUE-95/B Possible Exam Day

Saturday, October 15, 2011

- Kairos

Sunday, October 16, 2011

- Kairos

NOTES FROM THE PRINCIPAL

The "recruiting" season for future Bulldogs is in full swing. On Monday, we had about forty 8th grade students spend a shadow day on our campus. That night, we also had our first Showcase Night, where potential new students and their parents were able to get a personalized view of our various programs. On Sunday, October 30th we will host our Open House from 10:30am to 1:00pm. Yard signs are now available for anyone who would like to help publicize our Open House. With that said, I think our greatest "recruiting" comes from our current families and students. If you know a family with girls who you think would be great additions to St. Ursula, please advertise our upcoming events to them. Our website—www.saintursula.org has the most up-to-date events. Also, do not hesitate to contact Michelle Vonderhaar or Sarah Catlin with names of potential families that you think would like to make St. Ursula their choice!

Today marks the tenth anniversary of the start of the War on Terror. This morning, we prayed not only for the service men and women who have made the ultimate sacrifice over the last 10 years, but also for the service men and women and their families who are currently fighting overseas. We also offered a prayer of thanksgiving and gratitude for the three women who were recently announced as Nobel Peace prize winners. It is important for our girls to know about and be inspired by the work of these outstanding women in our world.

Craig Maliborski

FROM THE ASSISTANT PRINCIPAL

Since exams begin next week I emailed your daughters some study hints during the course of this week:

- Finish any incomplete work
- Map out a realistic agenda for reviewing topics this week leading up to exams and stick to it.
- Break large tasks into smaller mini-tasks to complete in a half hour to an hour at a time. According to recent brain research, students retain the most information from the beginning and end of each study period, so take breaks between tasks -- five minutes after each half hour, or 10 minutes after each hour.
- Get a study buddy or just enlighten anyone who will listen. Talking aloud through what you're learning can help reinforce your own understanding, especially as your listener asks questions for clarification.
- [Snack](#), but be smart. Stay away from soda, caffeine, sweets and fast foods, which provide false, short-lived energy boosts followed by sudden, lethargic crashes that make retaining focus a challenge. Instead, drink water and snack on brain foods like fruit, raw vegetables or peanuts, which will help you remain alert and energized by keeping your blood sugar high and increasing your brain cells' rate of oxygen use.
- Finally, believe and trust yourself. You are bright and talented. You can do this!

FYI: Since questions often arise about a student's GPA I thought I would refresh you on how it is used and calculated:

- 1) **The quarter GPA's are used for Honor Roll determination.**
- 2) The quarter GPA's **do not "average" together** to produce the semester GPA.
- 3) The semester GPA is calculated using the **semester grades** and the credit earned for the semester.
- 4) The cumulative GPA is calculated by taking all of your semester grades from all of your semesters at St. Ursula (along with the credit earned in each semester).

Mary Ann Meyer

Additions...

VISION FOR CATHOLIC SCHOOLS

For the past several months, an effort has been underway to establish a common vision for the future of Catholic school education in the Archdiocese of Cincinnati. During the 2010-2011 school year, large amounts of data were collected on the current state of our Catholic schools. This data has been compiled in an initial Assessment Report that was released to the public in early October. All are invited to attend the final presentation regarding the vision. At this presentation Dr. Jim Rigg, Superintendent of Catholic schools, will provide a summary of the key data regarding Catholic identity, academic excellence, demographics, finances, and other areas from this Assessment Report. The final of 3 presentations will take place on Oct. 11 at Lehman High School (6:00-7:30pm). All are welcome to attend. Please visit www.catholiccincinnati.org/education/lighting_the_way for more details.

ATHLETICS

Basketball Tryouts are as follows

Friday, October 28 Freshman & JV Teams 3:15-5:00pm
Varsity Team 5:00-7:00pm

Saturday, October 29 Varsity Team 8:30-10:30pm
Freshman & JV Teams 10:30am-12:30pm

Monday, October 31 Freshman & JV Teams 3:15-4:30pm
Varsity Team 4:30-6:00pm

Bowling Tryouts will be held at Stones Lanes

Friday, November 4 4:00-5:30pm
Monday November 7 & Tuesday, November 8 4:00-5:30pm

Swimming and Diving Program

Tryouts will begin on Friday, November 4 Time: TBA, Location: St. Bernard Pool

BUSINESS OFFICE

FINANCIAL AID APPLICATIONS are now available for the 2012-2013 school year and must be postmarked by December 1, 2011. You must reapply for financial aid each year.

The application is available in the Student Services Office or on our website at <http://www.saintursula.org/admissions/tuition/1821%20St.%20Ursula%20Academy%20of%20Cincinnati.pdf>

Thank you.

Lucy Morgan
lmorgan@saintursula.org
513-961-3410 x 170

GUIDANCE DEPARTMENT UPDATE

Students are assigned to a counselor by alpha split. If you have any questions or concerns, don't hesitate to contact your daughter's assigned counselor. Remember, we're here to help!

Freshmen and Sophomores

A - K Caroline Renneker, ext. 212 – crenneker@saintursula.org
L - Z Sara Utecht, ext. 127 – sutecht@saintursula.org

Juniors and Seniors

A - Ha Molly Roebker, ext. 188 – mroebker@saintursula.org

He - R Cathy Sherrick, ext. 189 – csheerrick@saintursula.org
S - Z Lauren Williams, ext. 126 – lwilliams@saintursula.org

Karen Noe, ext. 192, Department Coordinator – knoe@saintursula.org

STANDARDIZED TESTING

REMINDER

**St. Ursula Academy Sophomores & Juniors will take the PSAT on
Wednesday, October 12!**

It is critical that students are present and on time to school that day!

- The PSAT test, which is given to all 10th and 11th graders, will be administered on Wednesday, October 12th.
- The PSAT is a practice test for the SAT.
- **There is no makeup day for the PSAT.**
- The PSAT is a practice test for the 10th graders, but for 11th graders, the PSAT determines whether or not a student is recognized as a National Merit Semifinalist, National Merit Commended Student, National Achievement Semifinalist or National Hispanic Semifinalist.
- Once results for the PSAT are in (usually in December), each student will receive a copy of her score report.
- **Scores will be a part of a student's permanent record at SUA, but will NOT be released to colleges.**

SENIOR PARENTS:

There are a handful of seniors who have not yet scheduled an appointment for their senior portrait. We ask every senior to schedule a session to have the basic head shot taken, as it will be included in the yearbook and in the official class composite that will hang in the halls of St. Ursula.

Saint Ursula Academy selected The New Studio in Loveland, Ohio for senior class portraits. The New Studio is the sole provider of our seniors' yearbook and class composite photos. You are welcome to, but not required to book an expanded session for additional senior portraits with the New Studio.

It is very important that every senior be included in this composite and our senior yearbook. If you have not done so, please call and schedule a session for your daughter's basic photo right away.

To schedule a time to have this photo taken, please contact Dianne Bomar at The New Studio/You See Photography, Inc. to schedule your appointment. Our goal is to have all appointment's scheduled by November 1st. Dianne can be reached by phone at 513-677-6403 or by email at Dianne@TheNewStudio.net.