

**2009 – 2010**  
**SAINT URSULA ACADEMY**  
**SOFTBALL PROGRAM**  
**District Champions 1996**  
**Regional Champions 1997**

**HOME FIELD**

Riverstar Park

**TEAMS** – We will have two teams consisting of Varsity and Reserve teams.

**OPEN GYMS** will be held in January and February. Open gyms will meet at Saint Ursula. Open gyms are optional but it is very important to attend as many open gyms as possible.

**STUDENT PARTICIPATION FORMS** are required by July 1, 2009. ***NO FORM IN HAND, NO PARTICIPATION.***

**PITCHERS AND CATCHERS** will begin to meet on Monday, February 22, 2010. Since you will not know your position until after you make one of the two teams, everyone is encouraged to attend pitchers and catchers training.

**FULL SQUAD TRY-OUTS** will begin on Monday, March 8, 2010 and will last three to four days depending upon the number of athletes in attendance. Teams will be announced at the end of try-outs on the final day.

**ATHLETIC TRAINER** – Cincinnati Sports Medicine supplies a trainer during the spring three times a week after school for three hours.

**ATTENDANCE** – Once the teams are picked, attendance is mandatory for all practices, scrimmages and games. ***Games and practices will be scheduled over spring break.*** If you believe this will be a problem, please do not plan to attend try-outs or open gyms.

**PRACTICES** will be held after school at Riverstar, weather permitting. With inclement weather, we will practice indoors at the gym although times will vary based upon indoor facility availability.

**MANDATORY PARENT/STUDENT-ATHLETE MEETING** will be held Monday, March 15, 2010 at 6:00 PM in the Saint Ursula Academy Gymnasium / Convocation Center. It is mandatory that at least one parent and the student athlete attend this meeting. If a parent cannot attend, please contact the athletic director at least 72 hours in advance. **ALL ATHLETIC FEES AND PARTICIPATION FORMS ARE DUE AT THE PARENT/STUDENT-ATHLETE MEETING.**

**GAME SCHEDULE** for the season will be distributed at the Parent/Student-Athlete meeting. Changes will be updated on the **SUA web site.**

**FOR ADDITIONAL INFORMATION** you may contact Mike Sipes in the athletic department office at 961-3410, ext. 129.