

**2009 – 2010**  
**SAINT URSULA ACADEMY**  
**LACROSSE PROGRAM**

**HOME FIELD** Saint Ursula Academy – Schottzie Field

**HOME PRACTICE FACILITY** Spinney Field - Downtown

**TEAMS** – We are planning to have two teams consisting of Varsity and Reserve.

**ORGANIZATION** - The Ohio High School Athletic Association does not yet recognize Lacrosse as one of their sanctioned sports, but beginning 2005 our league, the GGCL does.

**STUDENT PARTICIPATION FORMS** are required by July 1, 2009. ***NO FORM IN HAND: NO PARTICIPATION.***

**TRY-OUTS** will be held beginning Monday, February 22, 2010. Format will be announced at the preseason organizational meeting.

**ATHLETIC TRAINER** – Cincinnati Sports Medicine supplies a trainer during the spring three times a week after school for three hours.

**ATTENDANCE** – Once the teams are picked, attendance is mandatory for all practices, scrimmages and games. If you believe this attendance issue will be a problem, please do not plan to attend try-outs or open gyms. ***Games and practices will be scheduled over the last four days of spring break.***

**PRACTICES** will be held five days a week either Monday through Friday OR Monday through Thursday and Saturday with tentative times and locations planned for 4:30 to 6:30 PM weekdays at Spinney Field.

**MANDATORY PARENT/STUDENT-ATHLETE MEETING** will be held Monday, March 15, 2010 at 6:00 PM in the Saint Ursula Academy Gymnasium / Convocation Center. It is mandatory that at least one parent and the student athlete attend this meeting. If a parent cannot attend, please contact the athletic director at least 72 hours in advance. **ALL ATHLETIC FEES AND PARTICIPATION FORMS ARE DUE AT THE PARENT/STUDENT-ATHLETE MEETING.**

**GAME SCHEDULE** for the season will be distributed at the Parent/Student-Athlete meeting. Changes will be updated on the **SUA web site.**

**FOR ADDITIONAL INFORMATION** you may contact Mike Sipes in the athletic department office at 961-3410, ext. 129.