

2009 – 2010

SAINT URSULA ACADEMY

BOWLING PROGRAM

HOME LANES Stones Lanes at 3746 Montgomery Road in Norwood.

TEAMS – We plan to two teams consisting of a Varsity and a Reserve team.

WARM-UP SESSIONS will begin the week of November 2, 2009 (Monday, Tuesday and Wednesday from 3:30-5:30 PM) and will be free to all bowlers in preparation to ready them for try-outs.

STUDENT PARTICIPATION FORMS are required by July 1, 2009. ***NO FORM IN HAND: NO PARTICIPATION.***

TRY-OUTS – begin on Friday, November 13, 2009 at 4:00 PM and will continue on Monday and Tuesday, November 16 and 17, 2009. Try-out sessions will last approximately 2 hours each. Interested bowlers must attend try-outs each day to be considered for one of the two teams.

ATHLETIC TRAINER – Cincinnati Sports Medicine supplies a trainer during the spring for three days a week after school for three hours.

ATTENDANCE – Once the teams are picked, attendance is mandatory for all practices, scrimmages and games. If you believe this will be a problem, please do not plan to attend try-outs.

PRACTICES will be held after school from 3:30 – 5:00 PM at Stones Lanes.

MANDATORY PARENT/STUDENT-ATHLETE MEETING will be held Thursday, November 19, 2009 at 6:00 PM in the Saint Ursula Academy Gymnasium / Convocation Center. It is mandatory that at least one parent and the student athlete attend this meeting. If a parent cannot attend, please contact the athletic director at least 72 hours in advance. **ALL ATHLETIC FEES AND PARTICIPATION FORMS ARE DUE AT THE PARENT/STUDENT-ATHLETE MEETING.**

GAME SCHEDULE for the season will be distributed at the Parent/Student-Athlete meeting. Changes will be updated on the SUA web site.

FOR ADDITIONAL INFORMATION you may contact Mike Sipes in the athletic department office at 961-3410, ext. 129.